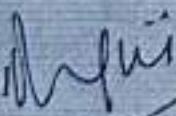


SSJCOE-N-62-2023

Dated: 17-05-2023

## Shah Satnam Ji College of Education, Sirsa Notice

All the students are hereby informed that the IQAC and Academic and Cultural Cell of our college in collaboration with Shah Satnam Ji Girl's College, Sirsa is going to organize a One Day Workshop on the topic "Positivity and Interpretation in Communication" on 19-05-2023 (Friday) at 10:00 a.m. The presence of students is Mandatory.

Principal   
Dr. Rajni Bala 17/05/2023

SSJCOE-SC-77-2023

Dated: 19-05-2023

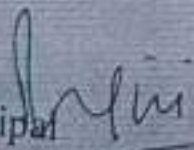
SSJCOE-N-63-2023

**Shah Satnam Ji College of Education, Sirsa**  
**Notice cum Staff Circulation**

In the ref. of previous notice SSJCOE-N-62-2023 dated 17-05-2023, it is hereby informed to all the students and members of the staff that One Day Workshop on the topic "Positivity and Interpretation in Communication" is postponed. This workshop will be conducted tomorrow i.e. 20-05-2023, Saturday.

Principal

Dr. Rajni Bala



19/05/2023

# Shah Satnam Ji College of Education, Sirsa

## Staff Circulation

All the worthy staff members are hereby informed that the IQAC and Academic and Cultural Cell of our college in collaboration with Shah Satnam Ji Girl's College, Sirsa is going to organize a One Day Workshop on the topic "Positivity and Interpretation in Communication" on 19-05-2023 (Friday) at 10:00 a.m. Some duties are assigned. Kindly note it.

Stage Conduct	Dr. Meenakshi
Photography and news writing/sending Invitation to Media Wing	Mr. Suresh Kumar
Report Writing and Record File	Mrs. Gurjot Kaur
Refreshment Arrangement	Dr. Mona Siwach
Purchasing of Required Material	Mrs. Karinderpal Kaur
Technical Arrangement	Dr. Prem Kumar Verma
Seating/ Flex Arrangement	Mr. Sandeep Singh
Stage Decoration	Ms. Anju Rani, Mrs. Rajni Bala
Welcome of Guests	Mrs. Karinderpal Kaur
Attendance Record/Notes on Visitor's Diary	Mr. Mewa Ram, Mr. Ajay

Principal  
Dr. Rajni Bala  
17/05/2023

Date :- 20-05-2023

Activity :- One day Workshop on the topic:  
"Positivity and Interpretation in Communication"

Venue :- Multipurpose Hall

Internal Quality Assurance and Academic and Cultural Activity

Cell of Shah Satnam Ji College of Education, Sirsa in

collaboration with Shah Satnam Ji Girls' P. G. College, Sirsa

organized a one day workshop on the topic "Positivity

and Interpretation in Communication". Dr. Meenakshi

(Associate Professor) hosted the stage. Mr. Sanjeev Tiwari

(M.A., L.L.B.) was the guest speaker of this workshop.

First of all Dr. Meenakshi greeted all the guests and

introduced Mr. Sanjeev Tiwari by saying that Mr. Tiwari

is a living store house of knowledge and positivity.

After that Mr. Sanjeev Tiwari interacted with the

students and threw light on communication skills.

He talked about Interpersonal communication which

means talk to ourselves. He explained the content with

the help of motivational stories. To motivate the

students he focused on some points with the help

of examples like: Always be positive, stay away from negative people, better decision making, I.Q and E.Q should be balanced, believe in yourself, Improve Aptitude, Better surrounding environment etc.

At the end of the workshop Mr. Tiwari gave some practice tactics for reframing negative experience alongwith some techniques to develop positive thinking patterns. Students of both the colleges enjoyed the talk / workshop. Members of the staff also felt positively motivated.

After that, the Principal Dr. Rajni Bala gave a vote of thanks to Mr. Sanjeev Tiwari and motivated students to shift their negative attitudes into positive ways of living.

Then, the Administrator Dr. Charanpreet Kaur Dhillon also addressed the students and said that they should follow the positive people from their surroundings. After that Dr. Geeta Monga (Principal, Shah Satnam Ji P.G. girls' college) addressed the

students and thanked to Mr. Tiwari for his marvelous speech. At last Dr. Richu Tomer also presented her views and said that we all should be positive in every field of life, and trust in GOD because GOD is everywhere to help us and always do best for us. Overall it was a wonderful workshop.

Prepared by:  
Ms. Gurjot Kaur.  
*Gurjot Kaur*



Principal  
Shri Naitam Ji College  
of Education, Siroa-125055



## संप्रेक्षण स्किल व्यक्तित्व का अभिन्न अंग पॉजिटिविटी एंड इंटरप्रिटेशन इन कम्युनिकेशन विषय पर कार्यशाला आयोजित

संवाद न्यूज एजेंसी

सिरसा। शाह सतनाम कॉलेज ऑफ एजुकेशन और शाह सतनाम गर्ल्स पीजी कॉलेज के सहयोग से एक कार्यशाला का आयोजन किया गया। आईक्यूएसी व एकेडमिक और कल्चरल सेल के संयोजन से आयोजित कार्यशाला में मुख्य वक्ता दिल्ली की दृष्टि आईएस कोचिंग सेंटर से संजीव तिवारी मौजूद रहे। संजीव तिवारी ने कहा कि संप्रेक्षण स्किल इंसान के व्यक्तित्व का अभिन्न अंग है।

कार्यशाला पॉजिटिविटी एंड इंटरप्रिटेशन इन कम्युनिकेशन विषय पर हुई। कार्यक्रम का शुभारंभ कॉलेज प्रशासिका डॉ. चरणश्रीव कौर डिल्लो, प्राचार्या डॉ. रजनी बाला, शाह सतनाम गर्ल्स पीजी कॉलेज की प्राचार्या डॉ. गीता मोंगा और रिशु तोमर



कार्यक्रम के दौरान मुख्य अतिथि संजीव तिवारी को सम्मानित करता स्टाफ।

ने किया। मंच संचालन डॉ. मीनाक्षी द्वारा किया गया। कार्यशाला के मुख्य वक्ता ने कहा कि सकारात्मकता या पॉजिटिविटी जीवन में आशावादी होने की प्रवृत्ति है। किसी कलाकार के द्वारा किसी रचना को समझ उसको प्रस्तुत करने की क्रिया को

इंटरप्रिटेशन कहा जाता है। उनकी बातों कि संप्रेक्षण स्किल एक इंसान के व्यक्तित्व का अभिन्न अंग है। क्योंकि संप्रेक्षण का मतलब है आप किसी बात को लोगों के सामने कितने प्रभावी रूप से रख सकते हैं।



